

THE Fred

MON - FRI
8:00 AM - 11:00 AM

01. LIGHT BREAKFAST

Caribbean Parfait \$14
Fresh fruit with yogurt and granola parfait

Bagel Lox Cream Cheese \$10
Tomato, onion and caper

02. CLASSICS

Steak & Eggs \$16
Two eggs any style, 6 oz flank steak

Two Eggs Any Style \$12
Home fries, toast, bacon or sausage

Breakfast Burrito \$10
Egg, tomato, onion, peppers, mushrooms, cheddar and home fries

Pancakes \$16
3 stack with side bacon or sausage and home fries

B.Y.O. SANDWICH

Scrambled egg, cheese, bacon or sausage with choice of bagel \$15, wheat bread \$11, croissant \$13, english muffin \$10

03. SIDES

Home fries \$3

Bacon \$3

Sausage \$3

