

BREAKFAST

Mon-Fri
8- 11 AM

WiFi name: SurfWithFred
WiFi password: IITYWYBMAD

Menu

Parfait \$14

fresh fruit with yogurt & granola

Loaded Lox \$20

smoked salmon, cream cheese, capers, tomato, onion & bagel

2 Eggs Any Style \$14

with potatoes, toast & choice of bacon or sausage.

Biscuits & Gravy \$17

toasted biscuits smothered in our homemade sausage gravy.

Classic Omelet \$15

stuffed with cheddar, onions, peppers, spinach, tomatoes & mushrooms.

Pancakes \$16

vanilla buttermilk pancakes with potatoes & your choice of bacon or sausage. Make it a double stack for +\$4.

Eggs Benedict \$20

toasted english muffin, canadian bacon, poached eggs & hollandaise with potatoes.

Steak & Eggs \$20

flank steak with eggs, potatoes & toast.

Chicken & Waffles \$20

breaded chicken & waffles with potatoes.

Breakfast Burrito \$20

eggs, cheddar, peppers, onions, & tomato wrapped in a flour tortilla with potatoes & your choice of bacon or sausage.

Breakfast Sandwich \$13

egg, cheddar, choice of bacon or sausage on either a croissant or bagel.

Breakfast Pizza \$16

flatbread topped with marinara, egg, cheddar, onions, peppers & tomato. Add mushroom \$3, bacon \$4, sausage \$4, steak \$5, or shrimp \$8.

Sides

breakfast potatoes	\$6	sausage	\$5
bacon	\$5	bowl of fruit	\$8
oatmeal \$8			

The Fred Resort & Spa