

BREAKFAST

Mon-Fri
8- 11 AM

WiFi name: SurfWithFred
WiFi password: IITYWYBMAD

Menu

Parfait \$14

fresh fruit with yogurt & granola

Loaded Lox \$20

smoked salmon, cream cheese, capers, tomato, onion & bagel

2 Eggs Any Style \$14

with potatoes, toast & choice of bacon or sausage.

Biscuits & Gravy \$18

toasted biscuits smothered in our homemade sausage gravy.

Classic Omelet \$18

stuffed with cheddar, onions, peppers, spinach, tomatoes & mushrooms.

Pancakes \$16

vanilla buttermilk pancakes with potatoes & your choice of bacon or sausage. Make it a double stack for +\$4.

Eggs Benedict \$20

toasted english muffin, canadian bacon, poached eggs & hollandaise with potatoes.

Steak & Eggs \$24

flank steak with eggs, potatoes & toast.

Breakfast Burrito \$20

eggs, cheddar, peppers, onions, & tomato wrapped in a flour tortilla with potatoes & your choice of bacon or sausage.

Breakfast Sandwich \$13

egg, cheddar, choice of bacon or sausage on either a croissant or bagel

Breakfast Pizza \$18

flatbread topped with marinara, egg, cheddar, onions, peppers & tomato. Add mushroom \$3, bacon \$4, sausage \$4, steak \$5, or shrimp \$8.

Colada French Toast \$16

4 triangles of pina colada French toast served with side of bacon or sausage & home fries

Sides

breakfast potatoes

\$6

sausage

\$5

bacon

\$5

bowl of fruit

\$8

oatmeal \$8

The Fred Resort & Spa